

Psychedelic Mindview (Human 1820-010)

10/15/2010 Lecture/Discussion Friday 04:00PM - 10:00PM, M Bldg, Room 108

10/16/2010 Lecture/Discussion Saturday 08:00AM - 06:00PM, M Bldg, Room 108

Bruce Sewick, LCPC, RDDP, CADC

Phone: 312-307-7416

Personal Website: www.brucesewick.com

Course description: an exploration of the role of psychedelic substances throughout history. This includes their use by indigenous cultures, in religious contexts, psychotherapy, art and in the political social context of the sixties. Current research on the use of Psychedelics will be covered as they relate to substance abuse treatment and as a therapeutic adjunct. Psychedelic research may be the field with the greatest gap between information scholars and scientists have discovered and what the general public knows.

Introduction and “Psychedelic Warning Label” This course considers some illegal substances and the nature of the material may result in a desire to self disclose drug use experiences you or your friends may have had. I caution you that given the status of these substances, you may want to hide the identity of whom you are talking about. This class does not encourage recreational use of these substances and as Dr. Roberts says: “until the time you can explore your mind using psychedelics drugs of known strength under qualified guidance, within the law, I urge you to limit yourself to studying the literature and working within professional and other organizations for the resumption of legal, scientific, religious, or academic research” (Roberts, *Foundations of Psychedelic Studies*, 2007) For further information on Dr. Roberts, visit his website http://www.cedu.niu.edu/lepf/edpsych/faculty/roberts/index_roberts.html

Objectives:

- 1) examine the classification of drugs, danger and possible benefits of drug use
- 2) examine the origin of war on drugs and its impact on society
- 3) contrast the Western view of psychedelics/drugs versus indigenous culture’s view
- 4) describe their implications for psychotherapy, addictions, mental health
- 5) explore religious implications

Recommended Textbook: Higher Wisdom: Eminent Elders Explore the Continuing Impact of Psychedelics (Suny Series in Transpersonal and Humanistic Psychology.)
Roger Walsh; Charles S. Grob. 2005.

Evaluation:

Pick one of the objective topics and write a 3-5 page reaction paper regarding this topic. Discuss something you have learned or disagreed with. Review any relevant websites before writing this paper. Use sources to support your opinion and cite using APA style. This paper will be worth 100 points.

Participation in class. This will be worth up to 100 points.

Grading:

- A:** 180- 200 points
- B:** 160- 179 points
- C:** 140- 159 points
- D:** 120- 139 points
- F:** less than 120 points

Methods of instruction: Powerpoint slides, websites, videos and discussion

MODULES WITH CORRESPONDING ON-LINE VIDEOS

War on Drugs

- Drug Classification Problem
- Drug Facts and Effects
- History
- Results

On Line Video

-Ecstasy Rising

<http://video.google.com/videoplay?docid=-1564288654365150131#>

-Grass: The History of Marijuana

<http://www.youtube.com/watch?v=sknoKWsVIAA>

-Drug decriminalization in Portugal

<http://www.youtube.com/watch?v=qnZXUzTLBIM&feature=popt1bus13>

Drugs, Evolution and Religion

- Intoxicated Animal and Altering Consciousness
- Ancient Art
- Hallucinogens and Church Ceremonies

On Line Video

-Hoffman's potion

http://www.moviesfoundonline.com/hofmanns_potion.php

Psychedelic Drugs

- Terminology/Mechanism of Action
- Psychedelic Research
- Psychedelic Psychotherapy
- Psychedelic 60s
- Psychedelics and the Government
- Why Study Psychedelic Research

On Line Videos

-Roland Griffiths discusses psilocybin research

<http://tedxmidatlantic.com/live/#RolandGriffiths>

-Psilocybin and Cancer Anxiety, part 1

<http://www.youtube.com/watch?v=JASWFASqcps>

-Psilocybin and Cancer Anxiety, part 2

<http://www.blip.tv/file/510857>

-Timothy Leary: The Man Who Turned on America (BBC)

<http://video.google.com/videoplay?docid=6944322121257997276#>

-Ken Alper, M.D. presents on Ibogaine in Opiate Detoxification

<http://vimeo.com/7802225>

FRIDAY 4-10

-Module 1: War on Drugs

VIDEO: WAR ON DRUGS, A WAR WITH OURSELVES (43 minutes) 4:30-5:15

BREAK 5:15-5:30

War on Drugs (22 slides) 5:30-6

DINNER 6-7

VIDEO: IBOGAIN RITES OF PASSAGE (50 minutes) 7-8
BREAK 8-8:15
VIDEO: BAD TRIP TO EDGEWOOD ARSENAL (45 minutes) 8:15-9
DISCUSSION

SATURDAY 8-6

-Module 1: *VIDEO: Mushroom Man (43 minutes)* 8:30-9:15
Drugs, Evolution and Religion (25 slides) 9:30-10:00
VIDEO: Hoffman's Potion (60 minutes)

TOM ROBERTS: Presentation and Q & A (1.5 hours)
10:30 -NOON

LUNCH: *VIDEO: Hoffman's Potion (60 minutes)* 12-1:00
BREAK 1-1:15

-Module 2: *VIDEO: BBC on psychedelics (15 minutes)* 1:15-1:30
Use of psychedelics in psychotherapy (57 slides) 1:30-2:30
BREAK: 2:30-2:45
VIDEOS: CBS WHITE PAPER (50 minutes) 2:45-3:30
DISCUSSION & BREAK 3:30-4

-Module 3: Psychedelics in the political, social context of the sixties (22 slides) 4-4:30
VIDEO: FLASHING IN THE 60'S (60 minutes) 4:30-5:30
DISCUSSION

RELEVANT WEBSITES / MEDIA LINKS

Gnostic Media website

<http://gnosticmedia.com/>

Gnostic Media's Online Podcast (includes many psychedelic interviews)

<http://gnosticmedia.podomatic.com/>

Clinical Trials using Psychedelics: go to

www.clinicaltrials.gov and use search engine for "psychedelic therapy"

Harman & Fadiman: Selective Enhancement of Specific Capacities Through Psychedelic Training:

<http://www.psychedelic-library.org/harman.htm>

Krippner: Mescaline, Psilocybin, and Creative Artists

<http://www.psychedelic-library.org/artist.htm>

The Psychedelic 60's: Literary Tradition and Social Change

<http://www.lib.virginia.edu/exhibits/sixties>

Entheogen Using Traditions:

<http://www.csp.org/communities/communities.html>

Grof: Non-therapeutic Uses of LSD:

<http://www.psychedelic-library.org/grofnth.htm>

Drug War Facts

<http://www.drugwarfacts.org/>

Multidisciplinary Association for Psychedelic Studies (research)

<http://www.maps.org/>

The Toxicity of Recreational Drugs

American Scientist May-June 2006 Volume 94, Number 3

<http://www.americanscientist.org/issues/pub/the-toxicity-of-recreational-drugs/1>

Multidisciplinary Association for Psychedelic Studies (research)

<http://www.maps.org/>

Heffter Institute (research)

<http://www.heffter.org/>

Roland Griffiths Psilocybin research

www.hopkinsmedicine.org/Press_releases/2006/GriffithsPsilocybin.pdf

Psychedelics in the Psychiatric Emergency Room

http://erowid.org/characters/holland_julie/holland_julie_ps21c_presentation1.shtml

Cottonwood Research Foundation

<http://www.cottonwoodresearch.org/>

Do entheogen-induced mystical experiences boost the immune system?

<http://csp.org/practices/entheogens/docs/roberts-immune.html>

Entheo radio-an excellent source for interviews on entheogens, psychedelics and shamanism

<http://entheoradio.com/>

Andrew Weil's closing talk at "Psychedelic Science in the 21st Century"

<http://webcache.googleusercontent.com/search?q=cache:http://vimeo.com/12057747>

Rick Doblin's closing talk at "Psychedelic Science in the 21st Century"

<http://vimeo.com/11923697>

Mainstreaming Psychedelic: From FDA to Harvard to Burning Man (Rick Doblin)

<http://www.youtube.com/watch?v=NwAGkGpv6Ss>

The Ibogaine Dossier

<http://www.ibogaine.desk.nl/>

Kesey and the Pranksters

<http://www.intrepidtrips.com/>

<http://www.key-z.com/>

The Albert Hoffman Foundation

<http://www.hofmann.org/>

Information about psychoactive plants, chemicals, and related issues

www.erowid.org

<http://www.lycaenum.org/>

Digital Index of early research on LSD and psilocybin

http://www.erowid.org/references/hofmann_collection.php